



## Press Release

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### For Immediate Release

<http://AbleAndWilling.org>

#### **Able and Willing Launches Annual Mid-Atlantic Fundraising Campaign**

Locally-based international nonprofit raising funds to build schools in developing countries

**Frederick, MD** (May 1, 2009). Able and Willing International Education Foundation, a non-profit based in Frederick, launches its Annual Fundraising Campaign with the announcement of two don't-want-to-miss events in the mid Atlantic region. Proceeds will be used to benefit education in developing countries.

The campaign kicks off in our own city of Frederick on May 17<sup>th</sup> with the return of Puma's Kitchen, a locally acclaimed dining event presented by Able and Willing, and proudly hosted by Way Station. Celebrating its 10<sup>th</sup> year, this annual Frederick tradition is orchestrated by, and features the authentic Congolese cuisine of Mbuyu "Puma" Wa Mbuyu, founder of AWIEF. The event includes dinner, plenty of time to enjoy the atmosphere and socialize, and an educational presentation by Puma, which provides the guests an opportunity to learn about Able & Willing and personally meet Puma and his staff. This year, Puma's Kitchen is proud to present "Lake" the multi-faceted DC-metro area band, to be performing throughout the evening.

This year, Puma's Kitchen goes on the road. On May 23<sup>rd</sup>, Able and Willing will bring Puma's Kitchen to the Hope Presbyterian Church in Lakewood, NJ where it will be cosponsored by the Kiwanis Club of Jackson and Hope Presbyterian Church.

"We're really looking forward to these events," said Puma. "And we deeply appreciate the loyal support from the Frederick community over the last 15 years; especially Richard Griffin, who has generously helped the board build its operational capacity over the last 5 years. We are also really pleased to have Lake performing this year. They're a great band with a really broad and pleasing repertoire."

"I am anticipating a lively and educational program with great food, and I know the proceeds will fund a most worthy endeavor," said Richard Griffin, Director of Economic Planning for the city of Frederick. (need Richard's approval)

The Frederick event takes place at Way Station located at 230 W. Patrick Street and is open to the public. Entertainment will begin at 4 pm. For more information, see the web site, <http://AbleAndWilling.org>, or contact Jim Carpenter at 301-371-5263.

#### **About Able and Willing**

The Able & Willing International Education Foundation is dedicated to building self-supporting, self-governing schools in areas of need throughout the world. Founded in 2000 and headquartered in Frederick, Maryland, Able and Willing is a non-denominational, non-profit, 501(c)(3) and is a one-of-a-kind, grassroots organization.