



Press Release

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For Immediate Release

Document Shredding and E-cycling Day Approaching

Jefferson Ruritan Sponsors Fundraising Event to Fight Identity Theft and Benefit Able and Willing

Frederick, MD (September 17, 2009) The Jefferson Ruritan Club is sponsoring a Document Shredding and E-cycling Day to help Able and Willing International Education Foundation (AWIEF) continue their efforts to build schools in the Democratic Republic of Congo.

The event takes place rain or shine from 10 am to 12 noon on Saturday, October 10, 2009, under the pavilions at the Jefferson Ruritan Center on Lander Road off of Route 340 in Jefferson, MD. The suggested donation is \$10.00 per file-size box (10"x12"x16") or a similar-sized bag or container. The fee is tax-deductible and proceeds go to Able and Willing International Education Foundation. Recyclable items are shreddable paper documents and any electronic item, cartridge or battery.

"We're very pleased to assist Able and Willing in their efforts to educate young minds in Africa, stated Michael Young, President of the Jefferson Ruritan Club. "When I heard Mbuyu, AWIEF's President was still in Africa doing most of the work on the schools by himself, I spoke with Jim to offer some potential fundraising ideas and we think this one will be a winner."

"The \$10/box donation for shredding is a bargain compared to market prices as high as \$25/box. We'd like to thank All-Shred (www.allshredmd.com), headquartered near Jefferson, for helping to sponsor this service," said Pepper Scotto of Jefferson Ruritan Club.

"We like to host events that provide a service to the community in addition to raising money for AWIEF," stated Jim Carpenter of Able and Willing. "So I'm delighted to thank Mike for presenting us with this opportunity. We'll be helping to prevent identity theft here at home while raising funds to continue our efforts in Congo. We'll even be sending the usable electronic items directly to our Congolese schools. Bring your recycling and come on out and see us on the 10th, we're looking forward to a great time."

For further information and directions please contact Jim Carpenter at 301 685-3282 or the community web site at <http://JeffersonMd.net> or the Able and Willing web site at <http://AbleAndWilling.org>.

About Able and Willing

The Able & Willing International Education Foundation is dedicated to building self-supporting, self-governing schools in areas of need throughout the world. Founded in 1995 and headquartered in Frederick, Maryland, Able and Willing is a non-denominational, non-profit, 501(c)(3) and is a one-of-a-kind, grassroots organization. ###